

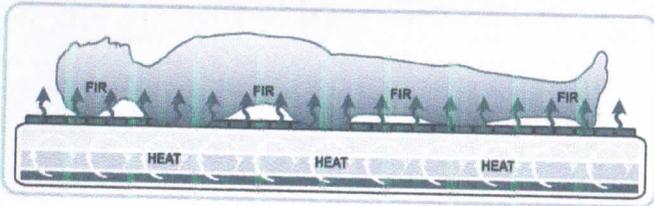


Therapy Heating Mattress

USER'S MANUAL

CE ISO 

What are Far Infrared Rays?



Far infrared is part of the spectrum of light emanating from the sun. Far infrared is not visible to the eye, but you feel it as heat penetrating into your skin. While all light trans-fers energy from one place to another, infrared, literally meaning "below red", specifies the emanation of heat energy.

When the heat system in the Mat is turned on, infrared rays enter 4-5 cm into the skin. Far Infrared Rays have been proven to increase blood circulation, metabolism, and boost the immune system. They can positively affect muscles on the skin, blood vessels, lymphs, and even nervous system.

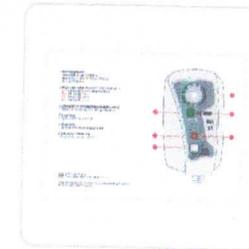
In simple terms, the Far Infrared rays cause cells in these body parts to resonant. The Far Infrared Rays heat body from within expanding arteries and veins which revitalize blood circulation, and strengthen metabolism, thus effecting chemical reactions in the cells. The results are purified blood and strengthened ability to revitalize.

*NASA concluded in the 1980's that Far Infrared stimulations is the ideal way for astro-nauts to maintain cardiovascular conditioning during long space flights.

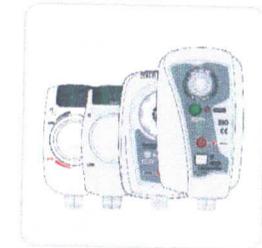
Instruction of Heating Mat



User's Manual



Controller specification



Controller

Name	Number	Function
Mat	1	The mat as the main component in the product improves the heating effects by combining the tourmanium mat.
Controller	1	A controller for the corresponding model. It controls temperature in the heater with the convenient use due to the compact design.
Controller specification	1	Please refer to the Controller specification
User's Manual	1	Understanding them in whole will assist you to use this product safely and properly.

The product specification in the manual can be changed without notice for the improvement of product quality.

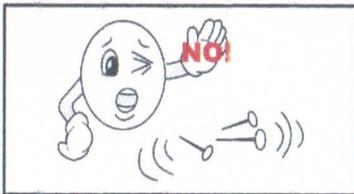
Warning and Caution

Please follow these instructions in order to protect yourself from accidents.



Any power input other than 220V/60Hz may result in malfunction or damage.

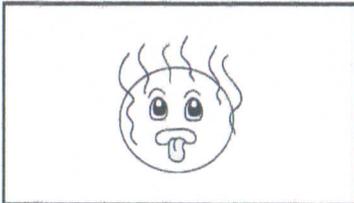
Please monitor the heat carefully while using the product for safety.



Please do not use a thick padding while using the product.

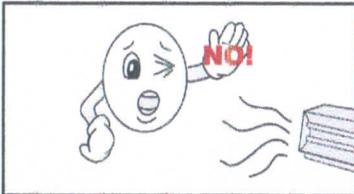
Do not have sharp objects puncture or damage the product.

Do not pull the electric cord with wet hand. This may cause electric shock.



Please make sure the product is dry before using. If you spill liquid on the product, please dry the product completely before using.

Heat can cause a skin irritation or burn. Please lower the temperature if it becomes too hot.



Do not use the product folded or crumpled.

Do not use the product near any fire, heating appliances, or flammable objects. This may set fire or electric shock.

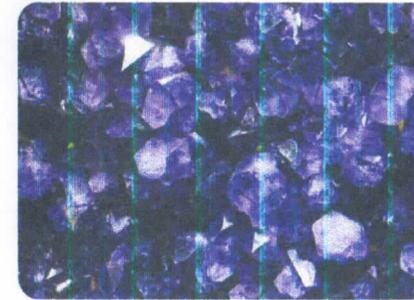


Please do not let children play on or near the product.

Please stop using the product and contact us if there is any problem.

Please consult with your doctor if you have any medical question.

What Is Amethyst?

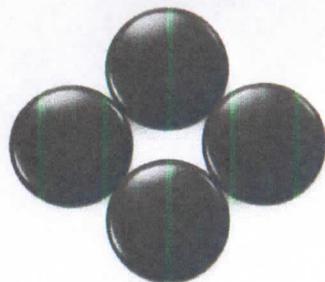


The name "Amethyst" came from the Ancient Greek - (a-"not") and μέθυστος (méthystos - "intoxicated") a reference to the belief that the crystal magic protected its owner from intoxication, poisoning, evil and pernicious energy. In the ancient times it was one of the five main gemstones together with the diamond, ruby, emerald and sapphire. The gem was called a "healing stone" and used in the noble jewelry and royal crowns symbolizing health, luck and protection from evil.

There are strong holistic beliefs that the amethyst pads can block the harmful electromagnetic radiation and negative influence coming from the "Dragon's veins", hot underground rivers and collectors with thermal water heated by magma, also called geopathogenic zones (the term geopathogenic also originated from two Greek words: geo means "earth" and pathos means "suffering" or "illness").

Amethyst crystal emits an inherent wavelength of 32,876 KHz. The waves of this frequency are believed to enhance the vital cellular activity. The InfraRed Light emitted or refracted by the amethyst crystals generates the most bioavailable and biocompatible heat deeply penetrating into the body tissues.

What Is Tourmaline Stone?



The Tourmaline stone are baked ceramic stone containing Tourmaline crystals, Geranium, volcanic stone and other trace mineral. In 1880 it was discovered that Tourmaline had a very special crystal structure. It is the only stone that under the influence of solar power constantly emits a positive and negative charge at each end of its crystals. This phenomenon is called gyro-electricity (0.06A). It is a form of electricity that is healthy and increases metabolic activity at a cellular level.

Furthermore Tourmaline emanates solar infrared(FIR) radiation and negative ions, which intensify further during the heating process of the stone. Lying on the heated tourmaline stone had a beneficial effect on the respiratory system, improves circulation processes and revitalized the cells, It helps to keep the body healthy and promoted the discharge of carbon dioxide, heavy metals, and other waste products from the cells.

The far-infrared rays of these stones are not only beneficial for the skin and muscle tissues, but for all cell tissues of the body and have also an anti-bacterial effect. Even with chronic problems and illnesses one can experience relieve of certain symptoms and gain an improved condition.

Temperature settings

35-40°C | Safe for Sensitive + Extended Use | Regenerative Sleep + recovery; Gives deep relaxation; Combats Jet Lag; Helps digestion; Headache and migraine reduction; Improve immunity; Improves energy levels; Regeneration of the cells.

45-50°C | Cycles of 2 Hours or More | Sports + Flexibility Training; Cardio + Respiratory Aid; Blood Pre + Sugar Regulation; Improves glandular functions; Female Cycle Balancing + Support; Improves hormonal balance; Use with asthma, allergy symptoms and respiratory problems.

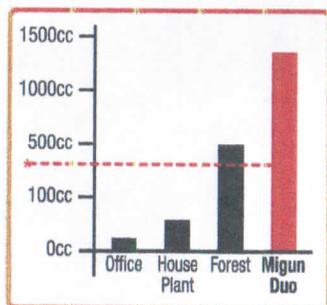
55-60°C | Cycles of 30-90 minutes | Helps with Stress, Tension, Anxiety + Trauma Relief; Profound Relaxation + Mood Elevator; Increases vitality; Improve immunity + Detox.

65-70°C | Cycles of 30-60 minutes | Sauna Level Cleansing + Detoxification of heavy metals and cellular waste; Improve viral, cystic, acidic and endemic malfunctions; Natural Weight Loss + Skin Tone; Enhanced Sexual Vitality + Metabolic Aid in case of low immunity, flu, cold, hangover and low energy levels; Healthy Blood Circulation + Purification; Environment + Bedding Sanitizer.

And further:

- Heat up the mattress or pad 10 minutes before use.
- Far Infrared can help the self-healing ability of the body to become reactivated again.
- It is of great importance to drink a minimum of 2 liters of additional water in a day (no cold drinking water, drink at room or body temperature).
- Use thin cotton clothes or put a thin cotton sheet over the mat. Rather no synthetic
- In case of pregnancy and for people with a pacemaker apply not above 42°C/ 108°F and no more than 1 to 1½ hours use afterwards.
- Do not use in fast growing malignant tumors or serious skin injury.
- Check with specific complaints always your physician/practitioner or therapist.
- Children and elderly people should use our products always under supervision.

What Is Negative Ion?



**Negative Ion
Comparison Chart**

*About 400cc of negative ions are beneficial for human body

Many people think of the anion as a "mysterious" substance. However, the anion is not a substance but an electrical term that indicates a negative charge. If the molecule or atom of a substance gains one or more electron through a certain stimulation, it becomes anion or a negative ion. If it loses an electron, it becomes a cation. Therefore, there are many different kinds of negative ions according to the scientific definition.

Many researches show that oxygen negative ions enter the body through breathing, react with hemoglobin to get mixed into to blood, and are then carried to various parts of the body to facilitate metabolism. It promotes cellular activity, and as a result it boosts the immune system, among other things. When exposed frequently to an abundant supply of anion, all the bodily organs-including the nervous system, cells, blood and lymph nodes-become revitalized and strengthened. The negative ion raises the ionization ratio of the minerals in the blood, such as calcium, sodium and potassium. It also cleanses the blood through the electrical transport of substances across the cell membrane and increase the amount of globulin (the immune substance contained in the serum), thus bolstering the immune system.

In an experiment conducted in Israel, colon bacillus, protozoa and other bacteria were exposed to the atmospheric negative ions. Within six hours the number had been reduced by more than 50%. The results of a U.S. study show that when people are exposed to anionized air they lose excess weight and sleep better.

What Is Jade Stone?



Jade is said to bless whatever it touches, a unique gemstone serving mankind across the globe for nearly 6,000 years. Jade is most valued for its metaphysical properties and considered to be a protective healing stone, with beneficial energy values that enhances the live stream (Chi, Ki, Prana) and opens the heart chakra.

Jade is by many regarded as a protective stone of the kidneys, adrenals, liver, heart, larynx, thymus, and mild. Jade stone is one of the best far infrared heat reinforcing and conductive materials. When Jade stone is heated through a medium it emits long waves infrared light (from 6-14 microns) and there will be also emission of negative ions (good for overall well-being). This far infrared heat waves penetrate the skin and tissues up to 6 inches deep into the body where they reach the ligaments and joints. This in turn promotes healing of your muscles and soft tissue injuries. The infrared heat waves provide an improved core temperature, which dilate the blood and capillaries thereby improving blood circulation. It helps cellular (re)activation and improves the function of the organs and body.